

# Sports and Community Site SCA Drill Checklist

**Directions:** Utilize this drill checklist to ensure your team implements the core elements of a drill.

**Goal:** The AED is applied and used within 3 minutes.

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

**Site/Team Name:** \_\_\_\_\_

**Drill Location:** \_\_\_\_\_

The drill starts when the finder discovers the victim. The recorder starts the timer once this happens. Document times for each of these response actions:

ACTIONS	TIME
› CALL FOR HELP FROM RESPONSE TEAM OR BYSTANDERS	
› CPR STARTED	
› AED ARRIVED ON SCENE	
› AED SHOCK DELIVERED	

RESPONSE ACTION	YES	NO
Victim unresponsiveness was determined	Yes	No
Cardiac Emergency Response Team/bystanders alerted	Yes	No
EMS/911 was called	Yes	No
CPR was started immediately	Yes	No
Proper body mechanics during CPR	Yes	No
AED arrived at the scene	Yes	No
AED pads were placed appropriately and immediately on the victim's bare chest	Yes	No
AED prompts followed as advised	Yes	No
Someone went to meet/direct EMS	Yes	No
Crowd control took place	Yes	No
<b>Drill was completed in our goal time of 3 min</b> "completed" meaning AED was applied and used within 3 minutes. Drill can continue through cycles of AED use & compressions to practice switching roles.	Yes	No
<b>If drill was not completed in goal time of 3 min, please document completion time:</b>		

CARDIAC EMERGENCY RESPONSE TEAM MEMBERS IN ATTENDANCE:

## Post-Drill Review:

- What went well during the drill?
- What could we do better? How can these issues be addressed by the team?
- What aspects were easy to remember?
- What aspects were hard to remember?
- List a few ways that time from recognition to AED shock analysis could be shortened.
- Does the Team feel prepared to respond in an actual cardiac emergency? If the Team does not feel prepared, what do we need to practice or go over?
- Do you have any remaining questions you'd like to discuss with the team or Project ADAM contact?