

Cardiac Emergency Response Plan

Project ADAM[®]
SAVES LIVES

SIGNS OF CARDIAC ARREST

- › Sudden collapse
- › Unresponsive and not moving
- › Possible seizure-like shaking
- › Not breathing normally
- › Eyes may be open

EMERGENCY STEPS

- › Call 911
- › Start CPR
- › Retrieve AED (where is it?)
- › Retrieve First Aid Kit (where is it?)
- › Direct EMS to victim



Recognize
Signs of SCA



Call for Help



Begin CPR



Use AED



Advanced
Care