

As part of our commitment to the health and well-being of our students, staff, families, and visitors, _____ is a Heart Safe School. We have implemented protocols in affiliation with Project ADAM (Automated Defibrillators in Adam's Memory) to ensure that we are prepared in the event of a cardiac emergency.

Please be aware of our AED locations as well as the emergency action plan, so that if a sudden cardiac event were to occur after hours while you are on site, you have the tools available to save a life. If you suspect someone is experiencing a sudden cardiac arrest, please use the equipment at our school to save their life. Good Samaritan laws protect the layperson in a life-saving attempt, although we recommend becoming trained in CPR/AED use as an investment in your health and the health of others.

**OUR AEDS ARE ACCESSIBLE AND AVAILABLE TO USE IN THE EVENT OF AN EMERGENCY.
THE AED LOCATIONS ARE:**

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Cardiac Emergency Response Plan:

- > **Recognition of a cardiac event**
 - Assume cardiac arrest for anyone who is collapsed, unresponsive and not breathing normally or not breathing at all.
- > **Call 911**
- > **Start CPR**
 - Hands only CPR is advisable unless you are CPR certified.
 - Push hard and fast in the center of the chest at a rate of 100 to 120 compressions a minute.
- > **Retrieve and use (if indicated) an AED**
 - AEDs are a life-saving device and anyone can use an AED, even if you are not specifically trained. To use the AED, open the lid and press the power button to turn the device on. Some AEDs will turn on automatically when you open the lid. The device will then verbally walk you through the steps

to use and save a life. Please note, the AED will not shock a person unless it detects a shockable rhythm. If a shock is advised, the AED will instruct you to push the flashing shock button or the device may shock automatically if it's a shockable rhythm.

- › **Continue supporting the victim until local EMS arrives and takes over care**

IF THE AED IS USED, PLEASE CALL THE SCHOOL'S FRONT OFFICE AT THE FOLLOWING BUSINESS DAY TO NOTIFY OUR STAFF. THE PADS WILL NEED TO BE REPLACED TO ENSURE THE DEVICE IS READY TO BE USED AGAIN IF NEEDED.

Many thanks for your participation in this important Heart Safe initiative in our community! If you have any questions, please reach out to me at .